



## D4 “Age-friendly buildings, cities and environments” Action

### Group meeting

Trieste (Italy), 3<sup>rd</sup> and 4<sup>th</sup> March 2020



The goal of the D4 Action Group meeting in Trieste, besides networking and sharing of experiences around the themes of Active and Healthy Ageing and Age-Friendly Buildings, Cities and Environments, is to jointly work on the D4 Action Plan and to discuss the future of the partnership beyond EIPonAHA.

The meeting also intends to address topics related to Health & Care and Cultural Heritage, showcasing local good practices and examples.

The meeting is hosted by Central European Initiatives – Executive Secretariat (CEI-ES) whose core mission is to promote regional cooperation and to bridge EU and non-EU countries of its constituency.

Link to Registration: <https://forms.gle/CGqz93cbQp6CAFgj9>

## **Draft Agenda**

### **MARCH 3<sup>RD</sup>, 2020**

Location: Trieste (Italy)

Venue: CEI-ES headquarters, Via Genova 9, 34121 Trieste, Italy | Room ground floor

#### **9.30 – 13.00 AG D4 meeting**

- Welcome and presentation of the meeting agenda
- Project presentations

13.00 – 14.00 lunch break

14.00 – 15.30 AHA and Cultural Heritage

15.45 – 21.00 Field visit to Piran (Slovenia) – transfer ensured

17.00 – 19.00 Visit to Maritime Museum and experiences of accessibility for museums (COME-IN Project)

19.00 dinner in Piran

21.00 transfer to Trieste (Italy)

### **March 4<sup>th</sup>, 2020**

Location: Trieste (Italy)

Venue: Local Health Authority of Trieste (tbc)

09:30-11.30 Field visit and presentation of innovation initiatives about Health, Care and Housing

12.00 – 13.00 Group Discussion on EIP-AHA status and D4 plans for the future

## USEFUL INFORMATION AND LOGISTICS

### 1. How to arrive to Trieste

**Trieste airport "Ronchi"** (<https://triestearport.it/it/airport/>) is about 40 Km far from the city centre of Trieste. You can arrive from the airport to the city centre:

- **By BUS:** Take Bus No. 51 (One way ticket costs 4,05 EUR): Timetable available at the following link: <https://www.aptgorizia.it/it/14014/Pianifica-il-tuo-viaggio>
- **By TRAIN:** There is a train every half an hour approx. from Trieste Airport station to Trieste Centrale. Train Timetable is available online on the Italian Railways official Website: <http://www.trenitalia.com/tcom-en>.
- **By TAXI:** Taxis are available outside the airport terminal (arrivals side). The cost of a taxi from the airport to the city centre of Trieste is around 60 EUR. For more information visit <http://www.taxitriestearport.it/en/>.

#### Venice and Ljubljana:

There is also the option to arrive to nearby airports of **Venice (2h from Trieste)** or **Ljubljana (1 h from Trieste)**.

To arrive from both Venice and Ljubljana to Trieste, you can choose between shared and private transfer at affordable prices. For public transfer by train, check <http://www.trenitalia.com/tcom-en>.

You can also make use of the private transfer services provided by **GoOpti** (<https://www.goopti.com/en/>) or **science-bus**: <https://www.science-bus.com/user/index.php>

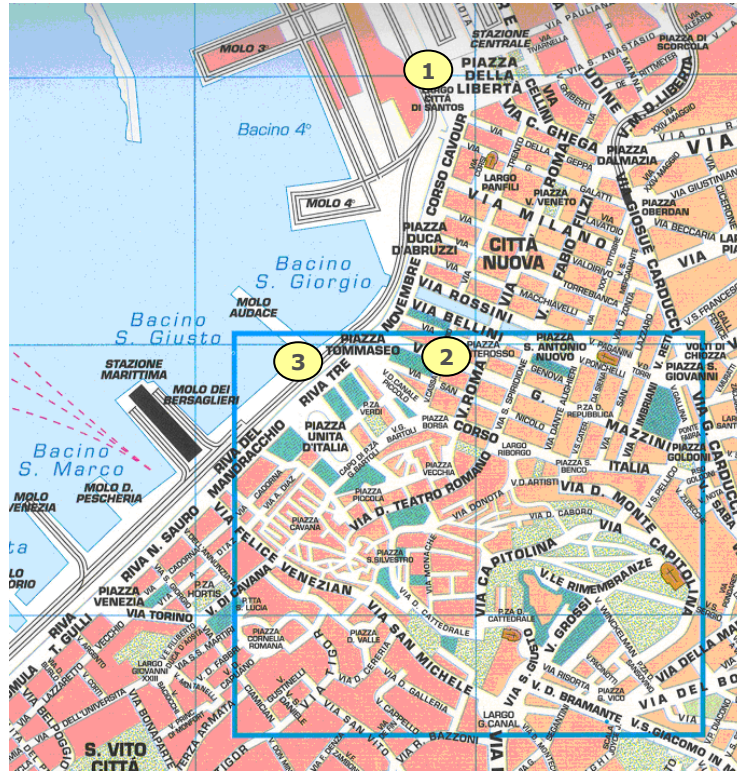


### 2. Moving around Trieste

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CEI\_ES headquarters is based in the center of Trieste and it is easily accessible having a lot of hotels and accommodation solutions at a walking distance.

Here you will find the main points of reference for the meeting.



1. Railway Station/Bus Station
2. CEI Headquarters (via Genova, 9)
3. Pick-up point (Riva Tre Novembre)

### 3. Hotels in Trieste

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The CEI-ES headquarters and the pick-up point will be in the city centre of Trieste. Therefore, we recommend choosing a Hotel in this area. There are several hotels and other accommodation solutions in the area with a wide range of prices. However, we recommend to book as soon as possible.